





EMERGENCY SERVICES

FIRE	911
POLICE	911
AMBULANCE	911
POISON	800-222-1222
PSYCHIATRIC	800-540-5806
SAMARITANS	877-870-4673

Addiction/Substance Abuse

Alcoholics Anonymous	www.aa.org
Emerson Addiction Rehab. Programs	978-287-3520
MA Council for Compulsive Gambling	800-426-1234
Mass Substance Abuse	helplineMA.org
Learn to Cope	508-738-5148
Smoking Cessation	800-784-8669

AIDS

AIDS Hotline (Mass.)	617-437-6200
National AIDS Info Hotline	800-342-2437
	TTY:800-243-7889

Blind/Visually Impaired

Carroll Center for the Blind	617-969-6200
MA Commission for the Blind	508-754-1148

Children

CASE Collaborative	978-318-1534
Dep't. of Children/Families	617-748-2000
Dep't. of Developmental Svc	617-727-5608
Emerson Pediatric Intervention	978-287-3422
MA Dep't of Revenue Child Support	800-332-2733
Minuteman Arc for Early Intervention	978-287-7950
Parents Helping Parents	617-926-5008
Parental Stress Line	800-632-8188
Stow Area Parents Network	thesapn.com

Youth/Teens

Boys & Girls Club of Assabet Valley	978-461-2871
Communities for Restorative Justice	978-318-3447

Counseling & Support

Ellot Community Human Svc	781-801-0890
EmploymentOptions.org	
Hospice and Palliative Care Federation	781-255-7077
of Mass.	
Virginia Thurston Healing Garden	978-456-3532
Heartplay/Parmenter Foundation	508-358-3001
Wayside Youth and Family Support	508-879-9800

Consumer Services

Network

MA Consumer Protection 617-727-8400

Diversity, Equity, and Inclusion

Nashoba Area Social	lustice Alliance	nashobaareasja.org
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Domestic Violence

Cambridge Women's Center	617-354-6394
Domestic Violence Services Netwo	ork 978-318-3421
(DVSN)	
Nat'l. Sexual Assault Hotline	800-656-4673
REACH	800-899-4000
Safe Link (Mass. DV Program)	877-785-2020
•	TTY:877-521-2601
Voices Against Violence	800-593-1125

Employment

Employment & Training Resources	508-861-7993
Employment Options, Inc.	
EmploymentOptions.org	508-485-5051
MA Div of Unemployment	877-626-6800

Food and Household Assistance

Acton Community Supper	978-635-9295
Concord Open Table, Inc.	978-369-2275
Food Source Hotline	800-645-8333
Guest Table (First Friday@FPC)	978-897-8149
Household Goods	978-635-1710
Maynard Food Pantry	978-764-5279
Maynard Open Table	978-637-2347
Stow Food Pantry	978-897-4230
Stow Neighbor Brigade	855-241-4357
Warm Hearts of Stow	978-897-4569
Women Infants & Children (WIC) Mass.	
gov (Lowell Office)	978-454-6397

Health Insurance

MA Health Connector	877-623-6765
mahealthconnectororg	

Hearing Impaired

Emergency Interpreter Svc.	800-249-9949
Mass Commission for the Deaf and	617-740-1600
Hard of Hearing	

TTY:800-530-7570

Houses of Worship

First Parish Church of Stow & Acton	978-897-8149
Grace of God Tabernacle	978-243-8151
St Isidore's Catholic Church	978-897-2710

Housing

Massachusetts Housing	978-897-8149
Pilot Grove Apartments	978-243-8151
Plantation Apartments	978-897-2710

Legal Services

Ecgai Scivices	
MassLegaineip.org	
Mass Bar Assoc Lawyer Referral	866-627-7577
Services	
MetroWest Legal Services	508-620-1830
MA Office for Victim Assistance	617-586-1340
Communities for Restorative Justice	978-897-4545
Coordinated through Stow Police	

LGBTQ Services

Fenway Community Health Center	617-267-0900
LGBT National Hotline	888-843-4564

Senior Services

Cooperative Elder Services	978-318-0055
Council on Aging	978-897-1880
Elder Abuse Hotline	800-922-2275
Fuel Assistance	978-897-1880
Minuteman Senior Services	781-272-7177
Minuteman Home Care	888-222-6171
Senior Van	978-897-1880
SHINE (Insurance Counseling)	800-243-4636
Social Security	844-587-1390

Stow Town Services

Animal Control (handled by Stow Police	978-897-4545
Dept.)	
Assessor	978-897-4597
Board Of Health	978-897-4592
Building Inspector	978-897-2193
Cemetery Committee	978-461-1403
Community Services Coord. (formerly Social Worker)	978-897-2638
Conservation Commission	978-897-8615
Fire (non-emergency)	978-897-4537
Gas Inspector	978-897-3201
Highway Department	978-897-8071
Planning Board	978-897-5098
Police (non-emergency)	978-897-4545
Randall Library	978-897-8572
Recreation Commission	978-897-2298
Selectmen	978-897-4515
Stow TV	978-897-7732
Stow Independent	
stowindependent.com	
Town Accountant	978-897-5012
Town Administrator	978-897-2927
Town Clerk	978-897-4514
Treasurer Collector	978-897-2834
Veterans' Service Officer	978-897-1880
	ext. 26





P.O. Box 392 | Stow, MA 01775 Donations accepted by mail or online at stowcommunitychest.org